

Biography: Dr. Carlos Ignacio Ponte-N, PhD. (Version February 2023)

Dr. Ponte was born in Caracas in 1960. He graduated from Venezuela Central University in 1986. He made his Post-Doc Studies in Internal Medicine Finished year 1990 and in Cardiology, finishing in 1994, both at Venezuela Central University. Dr. Ponte is Professor Emeritus of Preventive Cardiology and Founder and former Director of the Cardiovascular Prevention Unit at the Cardiovascular Service, Hospital Dr. Domingo Luciani, Caracas-Venezuela. Currently, he is the Chairman of the Cardiometabolic Unit At La Floresta Clinic Institute. Caracas Venezuela.

Scientific affiliations

- Treasury of the board of the Venezuelan Society of Cardiology
- Fellow Founder and past coordinator of the Cardiovascular Prevention Council. Inter-American Society of Cardiology. Chairman of the Cardio metabolic Prevention Units Program.
- Member of the Board Federation International Atherosclerosis Society. America's
- Venezuelan Governor: Inter-American Society of Hypertension
- Honorary member: Equatorian Society of Cardiology
- Fellow: Pan-American College of Endothelium

Teaching experience

- Medicine Internship professors at the emergency room at the Dr. José Maria Vargas Hospital La Guaira Venezuela
- Professor and consultant in the Cardiology Post Doc Course and service Dr. Domingo Luciani Hospital in Caracas and began to work as (1997–until 2017), he organized and was the founder and former chairman of the cardiovascular prevention unit in that hospital.
- Chairman of the Diplomate in Cardiovascular prevention. Catedra 2.0 de Prevención Cardiovascular Inter American Society of Cardiology

Dr. Ponte is an invited Professor of

- University of Barcelona Spain for the Online Mastership Hypertensive disease and its comorbidities.
- IESA: Instituto Universitario de Estudios Superiores en Administración (University Institute of Superior Studies in Administration. Non Communicable diseases and their impact in Socioeconomics.

Research and publications

Dr. Ponte has research interests focused on cardiometabolic prevention, atherothrombotic risk factors, thromboprophylaxis, prevention and treatment of atherothrombosis and cardiovascular diseases in general.

Dr. Ponte has academic interest in the role of triglycerides and HDL in the genesis and progression of atherosclerotic lesions as well as the clinical manifestations of atherothrombosis. On this regard, he has done interesting academics reviews: The Role Hyper Triglycerides As Fathers Of Mixed Dyslipidemia, Atherothrombosis a post Prandial Phenomenon. He has published more than 40 articles in the areas of atherothrombosis, cardiovascular risk factors

and cardiovascular diseases in general, has several important publications and chapters in medical text books in Post prandial lipemia and endothelial dysfunction, Abdominal waist and atherogenic dyslipidemia, Abdominal waist and the intraabdominal fat Evaluated by Tomography, Epicardial Fat and Heart rate as a risk factor, Socio economic factor and cardiovascular risk.

Is the chairman or member of the taskforce of important consensus and guidelines:

- Atherogenic dyslipidemia publish in International Journal of Cardiology 2017
- Guidelines on the management of arterial hypertension and related comorbidities in Latin America Task Force of the Latin American Society of Hypertension. Publish Journal of Hypertension 2017
- Clinical Impact of the Polypill for Cardiovascular Prevention in Latin America A Consensus Statement of the Inter-American Society of Cardiology. Publish Global Heart 2018
- Latin American Consensus on the management of hypertension in the patient with diabetes and the metabolic syndrome. Publish Journal of Hypertension 2019
- Position statement of the Interamerican Society of Cardiology (IASC) on the current guidelines for the prevention, diagnosis and treatment of arterial hypertension 2017–2020. Publish. International Journal of Cardiology Hypertension 2020
- Residual Cardiometabolic Risk Publish Archivos Mexicanos de Cardiología 2021
- Considerations and Guidance for the Structure, Organization, and Operation of Cardiometabolic Prevention Units, A Consensus Statement of the Inter-American Society of Cardiology Publish in Global Heart 2021

Also Dr. Ponte and his group has been involved in clinical research working as a principal Investigator and as a Coinvestigator in several clinical trials.

Editorial experience

He serves as reviewer for several Venezuelan and Hispano American journals in cardiovascular diseases.

- Member of the editorial Board of Avances de Cardiología: Official Journal of Venezuelan Society of Cardiology
- Member of the editorial Board of Journal of American College of Cardiology (Spanish edition)
- Affiliate editor for Latin America of: Clínica e investigación en aterosclerosis. Journal of Spanish Society of Atherosclerosis

Dr. Ponte has been a consequent and frequent international speaker in several international congress in North, Central and South America.

Awards received: 1984.- Dr. Augusto Pisuñer Award of the Central University of Venezuela for Excellence in Physiology Research 1994.- Dr. Carlos J. Arvelo Award in clinical applicate research.